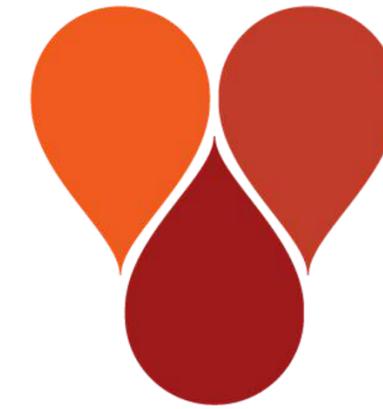


# Coaches Inspiration Jungle Retreat



**CLIP** TRAINING & CONSULTANCY  
Change through Leadership, Impact & Passion

RECHARGE & INSPIRE YOURSELF IN 5 DAYS



RETREAT@CLIPCOACHING.NL

## THE BENEFITS

- \* OUT OF YOUR COMFORT ZONE
- \* AMAZING NATURE EXPERIENCE
- \* CULTURAL & HISTORICAL EXPERIENCE
- \* REFLECT
- \* RECHARGE
- \* ENJOY
- \* BE INSPIRED
- \* REST & RELAX
- \* MASTERMIND & CONNECT WITH PEERS
- \* BECOME AN EVEN BETTER COACH

# Coaches Inspiration Jungle Retreat

# EXPERIENCE

A 5 DAY "RETRIEVE YOUR COACHING INSPIRATION"  
RETREAT IN THE AMAZING JUNGLE OF TROPICAL  
SURINAME WITH A CTI CERTIFIED LEADERSHIP  
FACILITATOR & COACH.



## MAKE TIME TO RECHARGE & BE INSPIRED AGAIN!

Working as a coach is challenging, demanding and at times exhausting. People depend on you to get their life back on track and you are helping them the best way you can. But are you still inspired as a coach? Every coach needs time to recharge and reload their mental and physical energy reserve and get their inspiration back. Get your coaching spirit and creativity back during this amazing 5 day retreat.

My name is Ruth Sinkeler, a CTI certified leadership trainer.

Let me, the group and nature be your source of inspiration for 5 days in the beautiful, relaxing and amazing tropical jungle of Suriname, South America. I am at your service as leadership facilitator & inspiration expert. Connect with peers, get to know cultures & history in an unknown yet beautiful country full of surprises.

Are you ready to recharge, be inspired, reflect and go back to business a whole new, energized and inspired kickass coach?

Book your inspiration retreat now! Max 8 people per group. Minimum of 2

## THE 5 DAY PROGRAM

### *Day 1:*

Get to know the group.

Circle session

Lunch

Historical City tour

Diner

### *Day 2:*

Travel to the interior (the jungle) by bus and boat.

Lunch

Jungle hike

Inspiration session

Bathing in the rapids

Diner

### *Day 3:*

Visit native village

Inspiration session

Lunch

Inspirational Mastermind

Bathing in the rapids/ relaxation

Diner

The inspiration circle



## THE 5 DAY PROGRAM

### Day 4:

Morning rapids session  
Jungle evaluation session  
Lunch  
Back to the city  
rest  
Go see the Dolphins  
Historical Plantation dinner

### Day 5:

Plantation history walk  
Lunch  
Inspiration session  
Swamp tour  
Back to city  
  
Late goodbye dinner & closing circle

### Day 6: Heading home





# Your investment

**\$ 3.995,-**

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**Incl: Courtyard Marriott hotel room, jungle retreat arrangement, all food & beverages during retreat, airport shuttle service; all leadership facilitation, field trips & inspiration sessions.**

**Excl: your flight to and from Suriname. (PBM) JAP Airport  
Please plan your flight such that you arrive at PBM JAP international Airport  
prior to start of the retreat.**

Ruth Sinkeler (1972) is a serial entrepreneur who started her first company when she was 25 years of age. During the past almost 20 years she has coached, trained and motivated thousands of people and leading them to change.

Whether it was in their private or career life. She is a business leadership facilitator, trainer, motivational speaker and author of two management books.

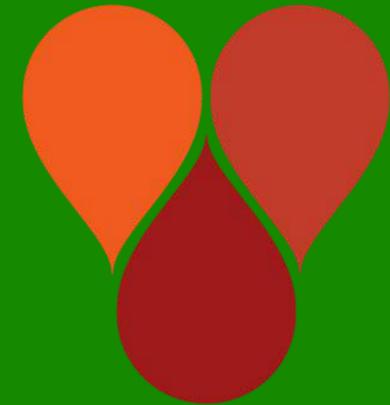
The methods and insights of what she calls Sexy Leadership have been developed by her and are implemented in her work. She is trained and certified by the CTI company based in California.

She is the founder & CEO of CLIP Training & Consultancy and CLIP Ltd (Caribbean Leadership Impact Productions)

After 32 years of living in the Netherlands, she returned home to Suriname in November 2015 and has worked from there throughout the Caribbean since then.

She is also founder of the Inspiring Speaking Events and is currently working on building a Leading Ladies of the Caribbean community.

One of her motto's: To be inspired is great. To inspire is incredible!



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# SURINAME

Suriname, officially known as the Republic of Suriname, is a sovereign state on the northeastern Atlantic coast of South America. It is bordered by French Guiana to the east, Guyana to the west and Brazil to the south. At just under 165,000 square kilometers (64,000 square miles), it is the smallest country in South America. Suriname has a population of approximately 566,000, most of whom live on the country's north coast, in and around the capital and largest city, Paramaribo.

Suriname is considered to be a culturally Caribbean country, and is a member of the Caribbean Community (CARICOM). While Dutch is the official language of government, business, media, and education; Sranan, an English/African-based creole language, is a widely used lingua franca. Suriname is one of the few countries outside Europe where Dutch is spoken by a majority of the population. The people of Suriname are among the most diverse in the world, spanning a multitude of ethnic, religious, and linguistic groups.

